

April 2026 Newsletter



Supporting the Emotional Side of MS Care

A multiple sclerosis diagnosis can bring uncertainty, stress, and emotional challenges. At Mount Sinai, psychologist Jordyn Anderson, PsyD, helps patients process grief, manage anxiety, improve sleep, and regain a sense of control. With the right support, patients can navigate life with MS and build a meaningful future.

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MS Center Celebration Raises More Than \$475,000 to Advance Care and Research

The Corinne Goldsmith Dickinson Center for Multiple Sclerosis at Mount Sinai recently celebrated its annual gala honoring Renu Gupta, MD, and Navin Gupta, longtime supporters of MS care and research.

The event highlighted the Center's commitment to compassionate care, groundbreaking research, and training future leaders—made possible through philanthropy and a strong patient community.

[Inside the MS Center Gala >](#)



FDA Decision Delays Potential MS Treatment

A new MS medication, tolebrutinib, showed promise in slowing disability progression in later-stage disease but was not approved by the Food and Drug Administration due to safety concerns.

While this is disappointing, research continues to advance. Studies like this are helping scientists better understand progressive MS and move closer to effective treatments for patients.

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